

# Hard Times: Resources for Library Users

The New London Public Library has compiled a list of the best resources on the internet for library users who have fallen on hard times. The sites below can help you learn about developing professions, hone your resumes and interview skills, file for unemployment and social services benefits, and even find a new job!

As always, if you have any questions, do not hesitate to contact our information desk.

## **Career Resources**

These resources will help you learn about average salaries of different jobs, job descriptions, and the future outlook for professions you might be interested in.

<u>CT Works</u>	Information on the New London CT Works Office where you'll find
	career resources, job banks, and workshops to improve your resume.
Job and Career Connection	Maintained by the CT Department of Labor, find and learn about an
	occupation that is right for you then search for education and training
	opportunities.
CT Labor Market	Current employment statistics and job outlooks from the CT
	Department of Labor
Occupational Outlook	Maintained by the Bureau of Labor Statistics and United States
<u>Handbook</u>	Department of Labor, the handbook gives the earnings, job prospects
	and job requirements of thousands of jobs across the country.
Salary.com	Learn the average salary of thousands of jobs.

## **Job Search Websites**

There are a number of resources online to help you find open positions.

#### **Government Jobs**

USAJobs.gov State of Connecticut City of New London US Postal Service The official job website of the federal government. The official job website for the State of Connecticut. The official job website for the City of New London Jobs with the US Postal Service

#### **General Job Search Sites**

Indeed	Search by sector to find openings in your area.
<u>Idealist</u>	Non-profit organization job openings.

Career Builder	Search by sector to find openings in your area.
<u>Monster</u>	Search by sector to find openings in your area.
<u>Ladders</u>	Specializes in 100K+ business management jobs.
<u>Jobster</u>	Search by sector to find openings in your area.

### **Resume, Cover Letter and Interview Skills**

Put your best foot forward with expert advice on crafting an excellent resume and cover letter and presenting yourself well on an interview.

CareerOneStopTips and advice for resumes, cover letters from US Department of LaborCT WorksA listing of resume and cover letter workshops in New LondonWhat is a resume?A CT Dept. of Labor resource outlining what a resume is and how to make one

## **Unemployment Benefits and Services**

If you've recently become unemployed you may be eligible for unemployment benefits from the State of Connecticut or other social service programs.

Unemployment Benefits	File a new unemployment claim with the Connecticut Department of Labor.
TVCCA	Assistance with SNAP benefits (food stamps), housing and energy assistance.
211	A referral helpline administered by the United Way to assist people applying for social service benefits.
<u>COBRA – Health Insurance</u>	Information from the US Dept of Labor about keeping your health insurance after you lose your job.
HUSKY – Health Insurance	Healthcare for uninsured kids in Connecticut from the State of Connecticut.
CT Fair Housing	Foreclosure prevention programs, workshops and case management.