Press Release

Event: Fruct-Hosed: Hooked on Sugar

Date/Time: Tuesday, February 20, 2018 from 6:00 PM to 7:00PM

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Please join us Tuesday, February 20 at 6:00 PM for a workshop by Frank W. Maletz, MD FACS. Learn about Fructose and it’s many affects on your mind and body, including the Metabolic syndrome and Dia-Besity. Open to anyone who would like to know more on this topic.

**This event is free and open to the public. Registration is not required.**

For more information regarding the event, please contact Madhu Bajaj Gupta at 860-447-1411 x5, mgupta@plnl.org or go to the library's website at [www.plnl.org](http://www.plnl.org).