## PUBLIC LIBRARY OF NEW LONDON 63 Huntington Street, New London CT 06320

## For Immediate Release

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New London, CT - The Public Library of New London will be hosting a program on Life After Prison on Saturday, February 27 at 1:00 pm. The speakers, formerly incarcerated women at York Correctional Institute, are not only physically free in society, but have experienced emotional and spiritual freedom through their self-work in designated programs while at York. They will share their journey. Artwork and writings from the women of York will be displayed; these humble beginnings at self-work offer insight into hope and healing experienced along the way to freedom.

This program is being offered by *A Sacred Place*, a nonprofit organization dedicated to "fostering a deeper spirituality among incarcerated women in Connecticut in order to help them lead responsible, spiritually enriched lives that are drug free and crime free."

It is being offered in conjunction with New Life Ministries and Faith Behind Bars and Beyond.

For more infomation, please contact Madhu Gupta at 860-447-1411 x3, mgupta@plnl.org or go to the library's website at <u>www.plnl.org</u>