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**For Immediate Release**

**Event: Social Welfare: Enjoying Nature Safely: An Update on Ticks and Tick-Borne Diseases**

**Date and Time: Saturday, May 5 from 11:00AM – 12:30PM**

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Southeastern CT is ground zero for Lyme Disease, babesiosis, and other tick-borne diseases, with the number of cases nearly tripling in the U.S. since the 1990s. Our dedication and passion for the natural environment puts us at high risk for these serious infections. Connecticut's landscape provides a banquet for many types of wildlife, including the white-tailed deer -- and where there are deer, there are ticks! Cindy Barry, Lyme Disease Prevention Coordinator with the Ledge Light Health District, will be here to explore the intersection between those who love nature and tick-borne disease. Together we will learn about new threats to our health and how to protect ourselves while enjoying the beautiful outdoors.

This event is free and open to the public. No registration required.