

PUBLIC LIBRARY OF NEW LONDON
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For Immediate Release

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Summer Library Program for Adults

New London, CT, June 17, 2016 – The Public Library of New London announces the 2016 Adult Summer Reading Program. This year's theme is "Exercise Your Mind-Read", and will be held from June 17 to August 19. There will be tournaments, workshops, games, drawings, movies, challenges and new books. Stop by to find out how to get involved.

Summer Library Program for Adults-Details

The Public Library of New London announces the 2016 Adult Summer Reading Program. "Exercise Your Mind-Read" is the theme of this year's Adult Summer Reading Program, which will be held from June 17 to August 19, 2016. Patrons are invited to explore a variety of ways to exercise their minds, improve their health and emotional well-being. With activities and titles focused on brain exercises, physical fitness, nutrition, stress relief, and positive thinking.

Workshops will include a Family Yoga session on Saturday, July 23 from 10:30-11:30AM and a lunch and learn workshop on Healthy Living, Saturday, August 20 from 11:30-12:30PM, both workshops will be held in the Library's Community Room.

The library will be holding Scrabble, Brain Teaser, Sudoku and Chess Tournaments throughout the months of June, July, and August, where the competitors will compete to have their name added to the heavy-weight championship belt for each tournament. Games will be available for patron's to come in at any time to practice for tournaments. Tournament dates are as follows:

Scrabble for the Title Tournament: Saturday, June 25 from 10:15-12:15 PM

Twisted Brain Teaser Tournament: Saturday, July 16 from 10:15-12:15 PM

Sudoku-Mania Tournament: Saturday, July 30 from 10:15-12:15 PM

Knights of the Square Table Chess Tournament: Wednesday, August 10 from 4:00-6:00 PM

As a part of the Adult Summer Reading program, the library will be showcasing two newer movies, for a great no-cost-to-you summer night entertainment, that will muse your mind while you relax. Airing dates are Thursday, June 23 at 5:00 PM and Wednesday, July 27 at 5:00 PM.

Take the Adult Summer Reading challenge and push yourself to meet your goals. There will be a display at the library where patrons can add the number of books they read that week to the scale. To partake in the reading challenge, patrons will browse the Summer Reading Shelves, grab a Reading Log and track each title read. For each title read the patron will enter a ticket into a raffle for a chance to win a prize.

Stop by the Public Library of New London and pick up a Summer Reading Challenge Log and Bookmark with important dates so you don't miss a thing!

For more information, please contact Patience Clarke 860-447-1411 x3, pclarke@plnl.org or go to the library's website at www.plnl.org

Optional Pictures:

